



**Pacific Northwest University
Of Health Sciences
Years III and IV Clerkship Curriculum
Student Clinical Rotation
Women's Health**

Course Title: WOMEN'S HEALTH – OBGYN 701
Credit Hour: 8 credits
Rotation Length: Required 4-week rotation
Prerequisites: None

Syllabus Components

1. Rotation Description, Purpose and Philosophy
2. Rotation Objectives
3. Orientation to Rotation
4. Required Activities and Assignments
5. Student Performance Evaluation
6. Recommended Resources
7. Standards of Professional Conduct
8. Tips for Successfully Completing the Rotation

This is a required 4 week rotation. The student will work with a physician or group of physicians practicing in the specialty of OB-GYN.

Last update: 12/30/11

This syllabus has been reviewed by the Curriculum Committee and Dean's Council with final approval by the Dean.

1. Rotation Description, Purpose, and Philosophy

The purpose of this rotation is to provide the student with an overview of the clinical specialty of Women's Health including obstetrics and gynecology. To achieve the rotation objectives, and in order to develop a better understanding of the scope of women's health issues, the student will have the opportunity to receive "hands-on" experience in labor and delivery as well as in the surgery suite. In addition, the student will observe and handle postpartum and post-operative care and diagnose and treat female patients in hospital and ambulatory settings

2. Rotation Objectives

A set of learning objectives is provided below. The objectives are intended to guide for the student's learning activities and to serve as a baseline for assessment of the student's knowledge, skills, and professional behavior. Not all of the objectives listed below will be encountered during any single rotation. While each student is expected to further expand his/her knowledge base and to care for all assigned patient cases, he/she is also expected to avail him/herself of the educational materials provided and to master the following objectives.

Interpersonal and Communication Skills Objectives:

1. Obtain through an interview, a thorough and accurate medical history of any patient, regardless of age, ethnic or socioeconomic origins. Take into account a patient's mental state, motivation for seeking treatment and ability to communicate. Employ appropriate interviewing techniques, making sure that there is full understanding between the physician and the patient.
2. Communicates effectively with attending, resident, team members and other health care professionals.
3. Documentation in medical records is legible and timely
4. Communicates appropriately and professionally to patient and family members
5. Demonstrate appropriate use of telephone, e-mail, and other communication modalities and acts professionally in communicating with patients and other members of the health care team.

Medical Knowledge

The following are the most common diseases/conditions found on the Women's Health rotation:

1. Management of labor and delivery
2. Uterine bleeding – normal and dysfunctional
3. Menopause, Hormone Replacement Therapy
4. Endometriosis
5. Vaginitis/Pelvic inflammatory disease
6. Contraception
7. Breast disease - cancers
8. Cervical, uterine & ovarian cancers
9. Paps and pelvic exams
10. Intrauterine and extrauterine pregnancy
11. Gestational diabetes

For each disease or condition listed above, the student should be able to describe/assess the following:

1. Presenting signs and symptoms
2. Physical findings
3. Basic interpretations of appropriate diagnostic studies
4. Major differential diagnoses
5. Management alternatives, including: treatment plans, patient education, and addressing modifiable risk factors
6. Possible complications
7. Prognosis
8. Follow-up care
9. Somatic dysfunction related to the disease/condition and the osteopathic treatment(s) for the somatic dysfunction

NOTE: Students are expected to interact with and provide appropriate care for *all* patients they encounter on a rotation regardless of whether or not the patient's condition is listed above. Students are expected to master the objectives related to the listed disease/conditions regardless of whether or not they encounter any patients with those diseases/conditions while on rotation.

These objectives are intended to guide your learning activities and to serve as a baseline for assessment of your knowledge, skills, and professional behavior.

Upon completion of this clerkship, you will be able to:

1. Discuss the physiology of menstruation, adolescent gynecology, family planning and contraception, domestic violence and sexual assault, pre-conceptual and prenatal counseling
2. Understand the diagnosis, pathophysiology, and treatment of breast disease, dysfunctional uterine bleeding, ectopic pregnancy, adenexal mass, vaginitis, sexually transmitted and pelvic inflammatory diseases, endometriosis, female genital tract cancers, pelvic relaxation, urinary incontinence, and chronic pelvic pain.
3. Understand the management of menopause, prenatal care, uncomplicated labor, high-risk OB patients, obstetrical hemorrhage, post-term pregnancy, shoulder dystocia, HIV in pregnancy, hypertensive disorders of pregnancy, pre-term labor, and diabetes in pregnancy
4. Obtain and document experience or instruction in surgical techniques, especially those used to scrub, gown and glove, alone and with assistance, and proper sterile technique, uncomplicated vaginal delivery, including simple episiotomy and repair, pelvic exam and PAP smears, evaluation of the progress of labor, interpretation of fetal monitor, and routine ultrasound
5. Display appropriate behaviors including good appearance, professionalism, working as a member of the health care team, respect for the patient's privacy and dignity, and the integration of the unique osteopathic medical profession's qualities into women's health issues.
6. Become familiar with the many obstetrical and gynecological procedures utilized in the physical exam, management of pregnancy, labor and delivery, post-partum care, breast feeding, fetal monitoring, gynecologic surgeries and preventive medicine.

During the Women's Health Rotation, students are expected to develop their competencies in

many basic clinical skills. While not every skill listed below can be performed during this brief rotation, the student should avail him/herself of as many of the following procedures as possible, and to seek out opportunities to perform these skills in other rotations as well.

1. Obtain and prepare:
 - a. Pap smears
 - b. Vaginal cultures
 - c. Cervical cultures
 - d. KOH/wet mounts
 - e. Urinalysis (dip stick & microscopic)
2. Monitor labor
3. Ascertain cervical dilation, fetal station, presenting part, condition of fetus, and maternal status
4. Auscultate the fetal heart during labor
5. Perform vaginal deliveries
6. Perform episiotomies
7. Monitor the uncomplicated patient during the first half hour post-partum
8. Evaluate the neonate
9. Perform Apgar scores
10. Perform a breast examination
11. Perform a pelvic exam
12. Assist in cesarean section
13. Assist in the induction of labor
14. Demonstrate knowledge of the characteristics of the most commonly prescribed drugs, including pharmacokinetics, pharmacodynamics, indications for use, contraindications, appropriate dosage, common side effects, drug interactions, interactions with foods, potentials for abuse, cost-effectiveness and inpatient versus outpatient use.
15. Be aware of the adverse effects of drugs and drug combinations on particular patient populations, such as the elderly, children, pregnant women, nursing mothers and their infants, substance abusers, patients with allergies, and patients with chronic diseases or disorders.
16. Demonstrate similar knowledge of the over-the-counter drugs that are commonly used by patients.
17. Demonstrate the ability to apply Osteopathic principles and treatment to this group of patients.

Patient Care Objectives:

1. Demonstrate knowledge of patient-monitoring procedures to assess improvement, deterioration or change of status.
2. Demonstrate the ability to communicate effectively and interview patients and families in various clinical settings.
3. Perform complete and time-efficient physical examinations of patients. Demonstrate an ability to adapt the physical examination procedures to the patient's age and/or condition. Include inspection, palpation, auscultation, and motion testing for systemic and musculoskeletal abnormalities.

4. Communicates effectively with attending, resident, team members and other health care professionals.
5. Documentation in medical records is legible.
6. Demonstrates the ability to integrate the principles of preventive medicine and health promotion in all interactions with patients, including lifestyle change recommendations when appropriate.
7. Demonstrates ability to develop and execute patient care plans appropriate for level of training and follows a problem oriented format (SOAP).
8. Demonstrate the ability to apply Osteopathic principles and treatment to this group of patients.

Practice Based Learning Objectives:

1. Demonstrates motivation and a desire to learn.
2. Demonstrates the ability to learn from practice.
3. Demonstrate the ability to understand and apply decision-making tools.
4. Describes quality assurance activities within the scope of the students clinical training
5. Demonstrates recognition of the importance of lifelong learning in medical/surgical practice.
6. Demonstrates the ability to obtain the best available evidence to answer a clinical question efficiently.
7. Demonstrate the ability to communicate evidence (including osteopathic principles and practices to patients and colleagues.
8. Seeks and responds to feedback.

Professionalism Objectives:

1. Demonstrates a respect for the right of the patient to be involved in the decisions about their care.
2. Demonstrates a commitment to continuity of patient care.
3. Demonstrates a respect and protection of confidential information
4. Displays a sense of responsibility and respect to patients, families, staff and peers.
3. Demonstrates cultural sensitivity.
4. Maintains a professional appearance, well-groomed, appropriately dressed.
5. Punctual in attendance, prompt and available when called upon.
6. Motivated to learn, shows appropriate assertiveness, flexibility, adaptability toward education.
7. Demonstrates appropriate attitude, cooperative, receptive to feedback.
8. Introduce self to those who you are working with, the patient, attending, resident, other physicians, nurses, staff, etc...

Systems Based Practice Objectives:

1. Know where to go for help— personal and professional.
2. Demonstrates an understanding of how to make an appropriate decision relative to the health care delivery systems
3. Attends all required orientations presented by the facility and completes needed paperwork for rotation.
3. Follows policy and procedures set forth by the health care facility and departments within that facility.
4. Recognizes common methods and available resources in health care systems to ensure quality of care.

3. Orientation to the Rotation

The rotation orientation provides an opportunity to answer questions and define roles, assess skill level and experience, set expectations, and anticipate and proactively resolve problems. The student should try to meet with the preceptor either prior to or early on the first day of the rotation. Clarifying the following details with the preceptor will help to ensure a rewarding and successful rotation:

1. Student responsibilities on the service.
2. Preceptor expectations of the student on the service.
3. Goals, objectives, and the structure of the rotation.
4. Required rotation assignments and responsibilities in the preceptor's practice (e.g. clinics, lectures, conferences, other didactics, journal clubs, rounds, office hours, morning report).
5. Discuss the Evaluation of Student Clinical Performance form.
6. The student should ask for feedback several times during the rotation, especially at mid-rotation. In addition, he/she should be prepared to share past clinical experiences and personal objectives for this rotation with the preceptor.

4. Required Learning Activities, Assignments, and Responsibilities for ALL PNWU STUDENTS in order to earn credit for this rotation.

The following activities are required for satisfactory completion of this rotation:

- a. Attend and participate in at least 70% of PNWU education day presentations (remote access is acceptable). This is a graduation requirement.
- b. Attend and participate in any other workshops, seminars, or professional development activities assigned by the PNWU Regional Dean.
- c. Present clinical case conferences, as assigned by the Director Clinical Rotations.
- d. Submit the online Student Evaluation through New Innovations. If you need instructions, please ask your PNWU or site staff.
- e. Submit Procedures Log through New Innovations.
- f. Submit a copy signed by your preceptor of the log summary (from New Innovations) at the end of this rotation.
- g. Fulfill all required responsibilities identified by the preceptor during orientation.

5. Student Performance Evaluation

A student must receive a passing grade from the preceptor in order to pass the rotation. If the

preceptor considers the student *Marginal*, then a remediation recommendation should be made by the PNWU Regional Dean, in consultation with the preceptor, and submitted to the Director of Clinical Rotations Dean for approval.

In addition, at the end the Women's Health rotation you will be required to take an end of rotation exam. The exam will be give on the last Friday of your rotation. It is a proctored, timed exam at your core site hospital. This is an NBME exam requiring that all electronic devices, coats, hats, and other personal belonging must be left outside of the room. You will need to have a several #2 pencils with you. These exams will comprise 25% of the grade for a core rotation.

6. Recommended Resources

Recommended Text:

Bader, T. (2005) *Ob-Gyn secrets updated edition* (3rd ed.). Philadelphia: Hanley & Belfus.

Reference for additional information:

Gabbe, S. (2007) *Obstetrics: Normal and problem pregnancies* (5th ed.). New York: Churchill Livingstone.

Maganito, J, Showalter,A, Tettambel, M. Osteopathic Management of the Female Patient: A Pocket Reference Guide. 2009. Available through the American Academy of Osteopathy at academyofosteopathy.org

The following have been identified as resources for ALL rotations by PNWU preceptors.

Cooper, D., H, Krainik, A., J., & Lubner, S., J. (2007). *The Washington manual of medical therapeutics*. (32st ed.). Philadelphia: Lippincott Williams & Wilkins.

McPhee, S., J., Papadakis, M., A., & Tierney, L., M. (2007). *2007 Current medical diagnosis and treatment*. New York: McGraw-Hill. Also available on AccessMedicine

Ward, R. (2003). *Foundations for osteopathic medicine* (2nd ed.). Philadelphia: Lippincott Williams & Wilkins.

Medical Dictionary (Dorland, Taber or Stedman)

Available through the PNWU Library:

PubMed (www.pubmed.gov)

PNWU Library Catalog (<http://opac.libraryworld.com/cgi-bin/opac.pl?command=signin&libraryname=MLRC>)

MD Consult with remote access (www.mdconsult.com)

OSTMED.DR Osteopathic Medicine Digital Repository (<http://www.ostmed-dr.com:8080/vital/access/manager/Index>)

Interlibrary loan is available to PNWU COM students at no charge. Contact the library at 509-

249-7745 or at library@pnwu.org for assistance. A complete list of library resources can be accessed by students by logging into the PNWU network and checking the Library page on Connections (<http://connections/Pages/Default.aspx>).

7. Standards of Professional Conduct

PNWU Honor Code applies to all activities in PNWU as well as the Regional campus sites.

Students are encouraged to study together and to share their knowledge freely with one another during the learning process. During examinations, however, no assistance from other students or from outside sources is allowed, unless explicitly permitted by the PNWU office. Books, notes, and other materials must be left at the periphery of the testing area during examinations.

Professional standards required of a member of the Osteopathic profession are a requirement for passing this rotation, as is compliance with the professional standards of the hospital and outpatient offices of the student's preceptor. Students are expected to maintain high professional standards of behaviors. They should exhibit such personal characteristics as honesty and integrity, as well as to maintain patient confidentiality at all times. Unprofessional behavior may result in a failing grade in this rotation, regardless of other academic performance on this rotation, and could subject the student to dismissal from the hospital in which they are based. Professional conduct shall be evaluated by the PNWU Regional dean through observation of and interaction with the student, his/her preceptor, other hospital attending physicians and staff.

8. Tips for Successfully Completing the Rotation

Being successful on this rotation requires you to be a proactive student. Taking an interest in the specialty and becoming an active team member of the service is critical to learning in a clinical setting. Remember, the clinical learning environment differs from the classroom. You will be "thinking on your feet" and "learning as you go." To capitalize on "the learning moment," seek out opportunities to ask questions and speak up appropriately.

In addition, be sure to:

1. Review the syllabus to ensure that you understand all requirements.
2. Discuss with your preceptor your previous clinical experiences and personal goals and objectives for this rotation. The rotation orientation is an opportune time to initiate this discussion and to develop positive rapport with you preceptor.
3. Clarify your preceptor's expectations of your activities.
4. Complete your skills and procedure log as you proceed through the rotation; avoid
 - a. procrastinating until the end.
5. Come prepared to take advantage of the opportunities this rotation has to offer.

If you have any questions, contact your Site Director, Coordinator or Regional dean.